

Alvin C. York Institute
Course Title: Culinary Arts
“Prepare and Excel”

Instructor: Mrs. Marissa Wright & Mrs. Gina Gammon

Materials: Composition Book, Three Ring Binder, Pen/Pencil, Colored Pencils.

Course Description:

Culinary Arts I equips students with the foundational knowledge and skills to pursue careers in the culinary field as competent entry-level quick service and fast food employees. Throughout the course students will gain experience in commercial food production and service operations, while preparing for further training in the culinary arts program of study at the secondary and postsecondary levels. Artifacts will be created for inclusion in a portfolio, which will continue throughout the full sequence of courses. In addition to implementing the following standards, the course should include a suggested 30 hours spent in a commercial kitchen laboratory.

Course Content:

Unit 1: Safety and Sanitation (this unit will require each student to incorporate safety procedures and complete a safety test with 100 percent accuracy)

Unit 2: History and Influences on the Food Safety Industry

Unit 3: Food Service Careers

Unit 4: Nutrition and Health Overview

Unit 5: Recipe Basics

Unit 6: Kitchen Equipment

Unit 7: Preparation Techniques

Unit 8: Cooking Principles

Unit 9: Kitchen Staples

Unit 10: Garde Manger

Day to Day Operations:

Students will be ready, responsible, and respectful at all times to make sure classroom procedures and assignments are done in an ordinarily and timely manner.

Accommodation Options – All IEP’s, 504’s, ILP’s will be followed per state guidelines. Students with issues that are not easily apparent should meet with the teacher at first available opportunity to determine options.

Grading:

Lab (30 hours)

Lab-20%

Quizzes-15%

Portfolio-15%

Test/Projects: 40%

Final Exam-10%

My goal as an educator is to provide timely feedback on assignments. Grades should be up-to-date on a weekly bases in my classes, which can be found on Skyward.

Instructor Contact Information:

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**Email is usually the quickest way to reach me and from there if a phone call needs to be arranged we can schedule the best time for the both of us.